

SLY SPACES

ALIGNING YOUR
OUTER WORLD WITH
YOUR INNER

Holistic Treatments

by Belinda

Indulge in luxurious,
holistic treatments
tailored just for you to
elevate your retreat
experience.

www.slyspaces.com

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Discover sustainable, environmentally friendly treatments that are worth every penny with no hidden fads, just expert knowledge and practices that have been used over thousands of years. Everything we do is 100% natural and honest with long term benefits to your wellness and beauty on the inside and out.



Meet Belinda

*Ayurvedic
Facialist and
Indian Head
Massage
Practitioner*

Choose your TREATMENTS

HOLISTIC FACIAL GLOW & NATURAL FACE LIFT MASSAGE WITH MINI HAND & ARM MASSAGE

60 minutes | £75

Ayurvedic Facial & Natural Facelift Massage using Tri Dosha Ayurvedic oils and products. This unique treatment is thoroughly cleansing, nourishing, melts tension away and leaves you looking instantly glowing and refreshed. Includes mini hand massage and head, neck, arm & shoulder massage.

HOLISTIC NATURAL LIFT FACIAL MASSAGE WITH MINI HEAD, NECK & SHOULDER MASSAGE

30 minutes | £40

Holistic Natural Lift Facial Massage with Mini Head, Neck & Shoulder Massage using Tri Dosha Ayurvedic oils. Massaging facial muscle tension away, eliminating toxins and much more leaving you instantly glowing and refreshed.

INDIAN HEAD MASSAGE WITH MINI HAND & ARM MASSAGE

30 minutes | £40

A traditional seated holistic Indian Head Massage and Mini Hand Massage using Ayurvedic oils. Indian Head Massage includes, head, neck, shoulders, upper arms and upper back.



How to book:

Contact Belinda on

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Mobile: 07939667111

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